2016 USATF Colorado Association
Junior Olympic Cross Country
Kokopelli Racing Team Invitational

Saturday, October 8th 10:00 am
Fountain Creek Regional Park – Fountain, CO *(just south of Colorado Springs)*

**SCHEDULE & AGE DIVISIONS:**
Check in 8:45 am - Course Walk through 9:15 am

<table>
<thead>
<tr>
<th>Age Division</th>
<th>Distance</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>8 &amp; Under (born 2008+)</td>
<td>2 km (1.24 miles)</td>
<td>Girls/Boys 10:00 am</td>
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<tr>
<td>9 &amp; 10 (born 2006-2007)</td>
<td>3 km (1.86 miles)</td>
<td>Girls/Boys 10:30 am</td>
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<tr>
<td>11 &amp; 12 (born 2004-2005)</td>
<td>3 km (1.86 miles)</td>
<td>Girls/Boys 11:00 am</td>
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<tr>
<td>13 &amp; 14 (born 2002–2003)</td>
<td>4 km (2.48 miles)</td>
<td>Girls/Boys 11:30 am</td>
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<tr>
<td>15 - 18 (born 1998-2001)</td>
<td>5 km (3.1 miles)</td>
<td>Girls/Boys 11:30 am**</td>
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</table>

* Athletes race the age they are as of December 31st, 2016.
** 15-18 age group will start with the 4K and run an extra 1k loop with different color bibs.

**COURSE DESCRIPTION:** The course is primarily flat with a mix of grass, dirt trails, and cement sidewalks. Metal spikes are not recommended.

**ELIGIBILITY REQUIREMENTS:**
*Individuals*: This meet is open to all youth runners aged 6-18. Current USATF membership is not required to compete.

**COMPETITION BIB NUMBERS:** All competitors must wear their assigned bib numbers during competition, chest-high on the front of their jerseys. Bib numbers will be distributed at registration.

**EVENT RESULTS:** Results will be posted at [www.KokopelliKids.com](http://www.KokopelliKids.com)

**AWARDS:** Top 5 finishers in each age group (M/F) will receive awards.

**ENTRY FEES & DEADLINES:**
*Registration: Online Registration must be completed by October 5th, 2016 11:59pm, MST.* No Mail in entries accepted. (Race day entries accepted as a last resort and on an individual basis) Please register at [www.KokopelliKids.com](http://www.KokopelliKids.com). Click on the **X-Country Tab** to enter. Entries: $12.00 per runner. The online entry system accepts VISA or MC credit cards. *There is a small convenience fee.*

**DIRECTIONS & PARKING:** [Fountain Creek Regional Park, 2010 Duckwood Rd., Fountain, CO](http://www.KokopelliKids.com)
Fountain Creek Regional Park can be reached from Interstate 25, Exit 132; east on Highway 16 for 1 mile; take Security exit to Highway 85 for 1 mile, south .50 mile to Duckwood Road.

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