

# 3RD ANNUAL MACKTRACK ELITE INVITATIONAL

## YOUTH/OPEN & MASTERS

Date: May 25, 2019 @ 8:00am

Location: North Stadium

Address: 12500 Delaware Dr. Westminster, CO 80234

Fees: \$10.00 Per Event - \$25 Per Relay - Maximum 4 Events Per Participant

Entry Deadline: Friday May 24, 2019

Register at: <https://www.athletic.net> Online Registration Only!!!

Rolling Schedule: Oldest to Youngest

Awards: Medals will be given to 1st, 2nd, and 3rd place finishers

Team Trophies for 1st, 2nd and 3rd place teams

CONCESSION WILL BE AVAILABLE

All running events will be fully automated time (FAT)

Field Security Will Be Strictly Enforced by The Police Dept. & School Security

No parents on infield, or check-in areas

For any questions please call: 786-395-1556 or email: [speed@macktrack.us](mailto:speed@macktrack.us)



**MACKTRACK ELITE**  
*est. 2013*

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# AGE DIVISIONS

8 & Under 2011 & After (Primary)

9-10-Year-Old 2009-2010 (Bantam)

11-12-Year-Old 2007-2008 (Midget)

13-14-Year-Old 2005-2006 (Youth)

15-16-Year-Old 2003-2004 (Intermediate)

17-18-Year-Old 2001-2002\*\* (Young Men/Women)

19 & 34 older (Open)

35 & Up (Sub Masters & Masters)

*Munch-kins 5 yrs. & under 50 M dash only (reg. at the meet)*

Note: Each athlete will be limited to (4) events, including Relays, Jump & Throws

\*Double Age Divisions will compete

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# FIELD EVENTS

Coaches Meeting: @ 7:30am @ 50 Yard-Line

*Fields Events Start @ 8:00 am*

*Long Jump - All Divisions*

*Triple Jump - Youth & Up (After Long Jump)*

*Discus - Youth & Up*

*Shot Put - All Divisions*

*High Jump - Bantam & Up*

*\*Pole Vault - Intermediate & Up*

*\*Turbo Javelin - Primary & Midget*

*\*Javelin - Youth & Up*



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# RUNNING EVENTS

Coaches Meeting: @ 7:30am @ 50 Yard-line

**\*3000m - Midget & Up Starts @ 8:00 am**

**All others at 10:30 am**

**100m Dash - All Divisions Prelims**

**110m Hurdles - Intermediate Boys/Young Men**

**100m Hurdles - Youth Boys - Youth Girls - IG- YW**

**\*80m Hurdles - Midgets Girls/Boys**

**4x200m Relay - All Divisions**

**4x800m Relay - All Divisions**

**30 Minute Lunch Break**

**\*Double Age Divisions will compete**

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## RUNNING EVENTS

Afternoon session will begin right after 30 Min. lunch break

- \*50m Dash – Munch-kins 5 yrs. & under (reg. at meet)**
- 4x100 Relay - All Divisions + Parents & Coaches Relay**
- \*800 Meter All Divisions**
- 100m Dash – Finals**
- 400m Dash - All Divisions**
- 400m Hurdles - Intermediate & Up**
- 200m Hurdles 30" Youth Girls/Boys**
- 200m Dash - All Divisions**
- \*1500m Run – All Divisions**
- 4x400m Relay – All Divisions**

**\*Double Age Divisions will compete**