



Colorado Springs Striders Track and Field Club All Comers Meet

Saturday July 1, 2017

Grace Center for Athletics and Community Service

1655 Pirate Heights Colorado Springs, Colorado 80907

USATF Colorado Sanctioned Event

Start Time: 8:00am track events (rolling schedule), 9:00am Field Events (see schedule below)

Facility: 400M All-Weather surface

Timing: Fully Automatic Finish Lynx

Concessions: Will be available

Awards: Medals – 1st – 3rd, Ribbons – 4th – 6th

Entry Fees: \$10 per event, \$25 per relay Registration:

Online at <http://colorado.usatf.org/Youth/Youth-Upcoming-Events.aspx>

Registration deadline: Friday June 29th (MST) at 8pm (NO Meet Day Registration)

Eligibility: Competition is open to all 18 & under current 2017 USATF member Athletes.

Divisions based on birth year, must be at least 7 years of age as of December 31st, 2016.

For the safety and benefit of all athletes, NO parents will be allowed on the field, in the warm-up areas, or in the clerking area.

Division	Max Events	Contested Events
7-8	3	100 -200-400-800-1500-4x100-4x400-LJ-SP-Mini Jav
9-10	3	100-200-400-800-1500-4x100-4x400-LJ-HJ-SP-Mini Jav
11-12	3	100-200-400-800-1500-3000-80mH-4x100-4x400-LJ-HJ-SP-Disc-Mini Jav
13-14	4	100-200-400-800-1500-3000-100mH-200mH-400MH-4x100-4x400-LJ-TJ-HJ-SP-Disc-Jav
15-16	4	100-200-400-800-1500-3000-100mH-200mH-400MH-4x100-4x400-LJ-TJ-HJ-SP-Disc-Jav
17-18	4	100-200-400-800-1500-3000-100mH-200mH-400MH-4x100-4x400-LJ-TJ-HJ-SP-Disc-Jav

Schedule of Track Events (First Call 7:30am)

8:00am	3000M Run
	80MH/100MH
	100M Dash
	800M Run
	400M Dash
	200MH/400MH
	4 x 100M Relay
	1500 Run
	200M Dash
	400 x 400M Relay

Schedule of Field Events (First Call 7:30am)

8:00am	<u>LJ (West)</u> <u>Male Only</u>	Order: 7-8, 9-10, 11-12, 13-14, 15-16, 17-18
	<u>LJ (East Pit)</u> <u>Female Only</u>	Order: 7-8, 9-10, 11-12, 13-14, 15-16, 17-18
	<u>High Jump</u> <u>Male Only</u>	Order: 9-10, 11-12, 13-14, 15-16, 17-18
	<u>Shot Put</u> <u>Male Only</u>	Order: 7-8, 9-10, 11-12, 13-14, 15-16, 17-18
	<u>Discus</u> <u>Female Only</u>	Order: 11-12, 13-14, 15-16, 17-18
10:00am	<u>Shot Put</u> <u>Female Only</u>	Order: 7-8, 9-10, 11-12, 13-14, 15-16, 17-18
	<u>Discus</u> <u>Male Only</u>	Order: 11-12, 13-14, 15-16, 17-18
12:00 noon	<u>Mini Javelin</u> <u>Female followed by Male</u>	Order: 7-8, 9-10, 11-12
	<u>High Jump</u> <u>Female Only</u>	Order: 9-10, 11-12, 13-14, 15-16, 17-18
2:00pm	<u>Javelin</u> <u>Female Followed by Male</u>	Order: 13-14, 15-16, 17-18
	<u>Triple Jump</u> <u>Males (East Pit) Females (West Pit)</u>	Order: 13-14, 15-16, 17-18

