Panther Cross Country Invitational
Saturday, October 12, 2019
Sierra Middle School
6651 Pine Lane Parker, CO 80138

SCHEDULE & AGE DIVISIONS:
7:30 am Packet Pickup
8:30 am Course Walk

<table>
<thead>
<tr>
<th>Time</th>
<th>Age Division</th>
<th>Distance</th>
<th>Group</th>
</tr>
</thead>
<tbody>
<tr>
<td>9:00 am</td>
<td>7-8 (born 2010-2011)</td>
<td>2 km (1.24 miles)</td>
<td>Boys &amp; Girls</td>
</tr>
<tr>
<td>9:30 am</td>
<td>9-10 (born 2008-2009)</td>
<td>3 km (1.86 miles)</td>
<td>Boys &amp; Girls</td>
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<tr>
<td>10:00 am</td>
<td>11-12 (born 2006-2007)</td>
<td>3 km (1.86 miles)</td>
<td>Girls</td>
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<tr>
<td>10:30 am</td>
<td>11-12 (born 2006-2007)</td>
<td>3 km (1.86 miles)</td>
<td>Boys</td>
</tr>
<tr>
<td>11:00 am</td>
<td>13-14 (born 2004-2005)</td>
<td>4 km (2.48 miles)</td>
<td>Girls</td>
</tr>
<tr>
<td>11:30 am</td>
<td>13-14 (born 2004-2005)</td>
<td>4 km (2.48 miles)</td>
<td>Boys</td>
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</table>

Other races could be split by gender if the number of competitors in a group is too large. We do want to make sure there is enough room on the course for a safe start. If a race is split, the start times will be adjusted.

COURSE DESCRIPTION:
The course is rolling hills with a mix of vegetation, dirt trails, and cement. This is the SMS home course. We’ll have flagging, marshals and signs in key spots for direction.

ELIGIBILITY REQUIREMENTS:
This meet is open to all youth runners aged 7-14.

REGISTRATION:
Registration must be completed by 10:00 pm, Thursday, October 10th.
Individual entries register online here: Register for Panther Invitational
Please contact Ross Cargo (info below) to register a team.

ENTRY FEES & PAYMENTS:
Individual Entries: $15.00 per athlete.
Pay fees at packet pickup. Bring cash or check to packet pickup (no credit cards). Bibs will not be issued without payment.

COMPETITION BIB NUMBERS:
All competitors must wear their assigned bib numbers during competition, chest-high on the front of their jerseys. No racers allowed on the starting line without a bib. Bib numbers will be distributed upon payment at packet pickup.

EVENT RESULTS:
Results will be posted on the USATF website and emailed to coaches.

AWARDS:
Medals are awarded for places 1- 5.

DIRECTIONS & PARKING:
From Parker Road, go east on Pine Lane. Continue through the light at Crown Crest and turn left on North Dixon Drive. Then turn left into the school parking lot. There is a second school lot just a bit further on N. Dixon. There is overflow parking at Pine Lane Elementary School to the south.

CONTACT: Ross Cargo @ 720-576-8433 or parkerpanthers100@gmail.com