



RACE WALKING COMMITTEE REPORT
October 2022

By Liz Shepard

As the nip hits the air, members of High Altitude Racewalk Team – Colorado USATF Team along with members of Front Range Walkers and Marauding Misfits Track Club descended on Huntsman World Senior Games in St George Utah.

In Huntsman, I pulled double duty as I also was recorder for the men’s Racewalk and all Power Walk events, as well as being part of the lades shot put and discus crews.

Events through the end of the year for the Colorado Crew are Brighton Turkey Trot and the Rudolph’s Ramble – first event of the Run Denver Winter Series. These events are monitored and the courses are properly measured.

Dan Pierce and I will be going to National Meeting and I’ll bring information home about our wonderful event of Racewalk.

Happy Training –

Liz Shepard

Racewalk Results: Full contingent of USATF Officials

Event	Age Group	Name	Time	Place
3000M – Track				
WOMEN	80-84	Kerstin Meyers	26:56.36	Bronze
	70-74	Marianne Martino	19:55.02	Gold
		Carol Wilkinson	21:39.70	Bronze
		Mary Gilbert	28:29.25	Fifth Ribbon
	55-59	Elisabeth Shepard	24:42.00	Bronze
MEN	75-79	Daryl Meyers	23:26.73	Fourth Ribbon
	60-64	Michael Blanchard	20:43.8-	Silver
1500M – Track				

WOMEN	80-84	Kerstin Meyers	13:31.18	Silver
	70-74	Marianne Martino	9:30.32	Gold
		Carol Wilkinson	10:27.69	Silver
		Mary Gilbert	13:59.56	Fifth Ribbon
	55-59	Elisabeth Shepard	11:54.58	Bronze
MEN	75-79	Daryl Meyers	11:10.59	Fourth Ribbon
		Larry Woods	13:43.07	Fifth Ribbon
	60-64	Michael Blanchard	10:05.08	Silver
5k Road – 1k Loop				
WOMEN	70-74	Marianne Martino	33:16	Gold
		Carol Wilkinson	35:54	Silver
		Mary Gilbert	49:36	Fifth Ribbon
	55-59	Elisabeth Shepard	41:57	Bronze
MEN	75-79	Larry Woods	46:45	Silver

Our Sister Event of Power Walk, which is not a USATF event, however we cheer each other along. The officials were a mix of USATF officials along with monitors who are learning to become USATF Racewalk Officials!

Event	Age Group	Name	Time	Place
3000M – Track				
WOMEN	80-84	Kerstin Meyers	27:01.51	Gold
	70-74	Karen Clark	23:58.48	Silver
		Francoise Carpenter	30:02.26	Bronze
MEN	80-84	Daryl Meyers	23:42.73	Bronze
	60-64	Michael Blanchard	19:46.29	Silver
1500M – Track				
WOMEN	80-84	Kerstin Meyers	13:12.05	Silver
	70-74	Pamela McKelvey	9:50.60	OVERALL LADIES WINNER
		Karen Clark	11:11.61	Bronze
		Francoise Carpenter	14:27.23	6 th Place
MEN	80-84	Daryl Meyers	11:01.65	Silver

	75-79	Edward McKelvey	11:42.11	Fourth Ribbon
	60-64	Michael Blanchard	9:41.79	Silver
5k Road – 1k Loop				
WOMEN	80-84	Kerstin Meyers	46:26	Silver
	70-74	Pamela McKelvey	34:32	OVERALL LADIES WINNER
		Karen Clark	40:29	Silver
		Francoise Carpenter	50:22	Bronze
	65-69	Winona Begay	52:58	Fifth Ribbon
MEN	80-84	Daryl Meyers	39:45	Silver
	75-79	Edward McKelvey	41:47	Bronze



Photo:

High Altitude Racewalk Team

A chunk of the Colorado Crew: Winona Begay, Missing Larry Woods, and Michael Blanchard