

# Panther Cross Country Invitational

Saturday, October 10, 2020

Sierra Middle School 6651 Pine Lane Parker, CO 80138

## **COURSE DESCRIPTION:**

The course is rolling hills with a mix of vegetation, dirt trails, and asphalt. This is the SMS home course. We'll have flagging, marshals and signs in key spots for direction.

## **ELIGIBILITY REQUIREMENTS:**

This meet is open to all youth runners aged 7-14.

## **REGISTRATION:**

Registration must be completed by 9:00 pm, Wednesday, October 7<sup>th</sup>.

Teams: please contact Ross Cargo (info below) for form to register a team.

Individuals: register online here: Register for Panther Invitational

## **ENTRY FEES & PAYMENTS:**

Individual Entries: \$20.00 per athlete.

Pay fees at packet pickup. Bring cash or check to packet pickup (no credit cards). Bibs will not be issued without payment.

## **COMPETITION BIB NUMBERS:**

All competitors must wear their assigned bib numbers during competition, chest-high on the front of their jerseys. No racers allowed on the starting line without a bib. Bib numbers will be distributed upon payment at packet pickup.

## **EVENT RESULTS:**

Results will be posted on the Colorado MileSplit and Colorado USATF websites and emailed to coaches.

## **AWARDS:**

Medals are awarded for places 1-5.

#### **DIRECTIONS & PARKING:**

From Parker Road, go east on Pine Lane. Continue through the light at Crown Crest and turn left on North Dixon Drive. Then turn left into the school parking lot. There is a second school lot just a bit further on N. Dixon. There is overflow parking at Pine Lane Elementary School to the south.

# **CONTACT:**

Ross Cargo 720-576-8433 parkerpanthers100@gmail.com

# **WE NEED YOUR HELP:**

Severe acute respiratory syndrome coronavirus 2 (COVID-19) will greatly impact this year's Panther Invitational. Many of the enjoyments we have become accustomed to will not be available/allowed this year. Please help by adhering to the following protocols.

- Do not arrive earlier than one hour prior to your race (first wave).
- No team tents (ok to stake a team flag in lower field as a gathering point).
- No organized course walks.
- Wear masks when not running (runners will be able to lower masks during race).
- Maintain social distancing (explore other parts of the course!).
- No spectators allowed near start or finish lines (explore other parts of the course!).
- Please depart within 30 minutes of race end.
- No spectators on upper field. Active runners and meet personnel only.

# **EXPECTED / ESTIMATED RACE SCHEDULE:**

Time	Age Division		Distance	Group
9:00 am	7-8	(born 2013-2012)	2 km (1.24 miles)	Boys – wave #1
9:02 am	7-8	(born 2013-2012)	2 km (1.24 miles)	Girls – wave #1
9:30 am	9-10	(born 2011-2010)	3 km (1.86 miles)	Boys – wave #1
9:32 am	9-10	(born 2011-2010)	3 km (1.86 miles)	Girls – wave #1
10:15 am	11-12	(born 2009-2008)	3 km (1.86 miles)	Boys – wave #1
10:17 am	11-12	(born 2009-2008)	3 km (1.86 miles)	Boys – wave #2
11:00 am	11-12	(born 2009-2008)	3 km (1.86 miles)	Girls – wave #1
11:02 am	11-12	(born 2009-2008)	3 km (1.86 miles)	Girls – wave #2
11:45 am	13-14	(born 2007–2006)	4 km (2.48 miles)	Boys – wave #1
11:47 am	13-14	(born 2007–2006)	4 km (2.48 miles)	Boys – wave #2
12:30 pm	13-14	(born 2007–2006)	4 km (2.48 miles)	Girls – wave #1
12:32 pm	13-14	(born 2007–2006)	4 km (2.48 miles)	Girls – wave #2





