## updated: June 15 6am

# COLORADO SPRINGS STRIDERS ALL-COMER June 20,2021

Grace Center for Athletics and Community Service 1655 Pirate Heights- Colorado Springs, CO 80907 USA Track & Field Colorado Sanctioned Event

#### **EVENTS**

100-200-400-800-1500-3000-80MH-100MH-110MH-200MH-400MH-LJ, TJ,HJ,SP,DIS,JAV-PV\* 4x100R-4x400R

• Pole Vault will be held at Rampart High School 8250 Lexington Dr, Colorado Springs, CO 80920

Divisions: 8 & under, 9-10, 11-12, 13-14, U20 (14-19), Open/Masters

Entry Fee- \$8.00 per event, \$24.00 per relay Awards will be given

**Meet Director/Don Sinclair/ Ed Latimer** 

#### **ORDER OF EVENTS**

**Girl/Boy Oldest to youngest** 

### 9:00A.M. (Rolling schedule)

Master/Open, U20 (14-19), 13-14, 11-12, 9-10, 8 & under

3000M

80M/100M/110M Hurdles

100M

4 x100 Relay

1500M

400M

200M/400M Hurdles

800M

200M

4 x 400 Relay